

The 411

Player Name and #: #20 – Richard “Deon” Murvin
Year: Class of 2010
Parents: Richard and Tracey Murvin
Sisters: Teresa and Andrea Murvin



What are your thoughts on the upcoming season? This season will be really exciting for the team, the coaches and the fans. We should really be good. I plan to win the district, regional and state championships this year. We have really come closer together as a team since last year. We treat each other as family, almost as if we were real brothers. I feel that when we all play together we can't be stopped. Playing together is the key to our success! The new additions to the team will also help us out a lot. We are very hungry this year for a state championship and as long as we stay hungry and stay together as an entire team we will win it. A state championship trophy is our goal and we won't settle for anything less.

What are your plans for life after high school? I plan to go to college. I don't have a college in particular that I want to go to but I would like to major in sports medicine so that I can be an athletic trainer when I get older. Then eventually I'd like to have my own business where people can come to me for physical therapy and pay me a lot of money.

What do the city of Bartow and the community support that the team has mean to you? The support we have from the City of Bartow and the community means a lot. The support we get is half the reason why we do so well. Knowing the town is behind us 100% makes me proud to play for Bartow. There is not one day that the community has turned their backs on us, even when we weren't as good my freshman season. The support we get is priceless. We represent the city and the community, so when we win they city wins.

Talk about all that you have been through here that has been hard but worth it. Talk about the plyometrics, the weightlifting, the long practices, the high demands. Well let me start off by saying that Bartow basketball ain't for everybody. It is not easy to play here in Bartow. Plyometrics start off the year for us. Plyo's is the hardest part of the year, for me at least. During that time we run through the sand pit, run stadiums, sprints, do ladders, and a lot more. Then afterwards, we lift weights which are very hard because we are already tired from the plyos. We lift weights during the entire season. The practices during the season are often 4 hours long and very intense. EVERY MINUTE! Practices are harder than games! Even while doing all of this you are expected to show up everyday ready to roll and most importantly maintain your grades in school.

Talk about how you feel about each coach in the program? McGriff – A great coach – always brings intensity to his surroundings which make us go hard. I don't think there is a better coach for the type of team we have. He really cares about us also; he'd try to do anything to help us out. Austin – One of the older coaches of the program, he is a good Christian man that's how I'll always remember him. He prays for us all the time. That means a lot to me that someone would pray for us as much as he does. Tucker – is the tough coach. He wants us to be tougher than everybody else. He also talks to us about life after we leave school and have we should treat ourselves and others. Coach Tuck really wants us to be great men once we leave. Jones – works with us on our skills and different things we use in the game. He shows us drills to help us get better. D is a young coach and seems like he understands what we go through and will often give us advice. Webb – helps us out with letting us know where we struggle at in games by keeping all of our stats. He is cool, laid back. Treats us all good and gets you what you need. Tripp – funny coach! He likes to joke around with us. He tried to help out with anything he can and does a great job with the younger boys coming up.



What will be your legacy here beyond the court? I want my legacy to be that I was an all around good guy. I want people to remember me as a cool, laid back type of person who would stay out of trouble in school and on the streets. I don't want anyone saying that I was mean to them or disrespectful. I want to be remembered as not just a good basketball player but a good student, a great guy to be around, and someone you can always depend on.

Your favorite quote: "Get in where you fit in"